

Effects of Fibromyalgia on the Body

CENTRAL

- Chronic Headaches
- Sleep Disorders
- Disequilibrium (unsteadiness)
- Cognitive Impairment
- Depression
- Anxiety

EYES

- Vision Impairment
- Weak eye muscles

MANDIBULAR

- TMD
- TMJ

SKIN

- Dry Skin
- Itchiness
- Mottled
- Tenderness
- Rashes

CHEST REGION

- Costochondritis (fibro caused chest pain)

MUSCULAR

- Myofascial Pain
- Twitches
- Fatigue

STOMACH

- Nausea
- Gerd
- Hypochlorhydria (lack of stomach acid)

JOINTS

- Morning Stiffness
- Generalized Pain

REPRODUCTIVE

- Menorrhagia (heavy periods)
- Polymenorrhea (cycle less than 21 days)
- Amenorrhea (no period)
- Fertility Issues

URINARY

- Overactive Bladder (urgency, incontinence)
- Overactive Bowel (IBS, Crohn's)